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# HISTORY

- The club was set up in 1970 with name **TJ Spartak Kovona Swimming Club**.
- At the beginning the club trained at the outdoor swimming pool and at the indoor swimming pool in the near town of Havířov.
- In 1988 a new indoor swimming pool was built in Karvina and since then the club has been developing fast.
- In 1998 they have changed their name for the reason of financing TJ /sport associations/ and **Kosatky Karvina** has been their name since then.



# ACTIVITIES OF THE CLUB



- There are three leaders of the club.
- 20 qualified trainers teach swimming.
- There are 30 qualified referees available for organizing swimming competitions.
- Membership base consists now of 309 members.



# ACTIVITIES OF THE CLUB



- We stress the importance of teaching swimming to children from the age of 6.
- The first steps take place in a small 12m long swimming pool.
- After the basic swimming course the trainees continue learning swimming in a 25m long swimming pool, where they improve both technical and physical skills.
- The club have reached top level in competitive swimming and have been partaking in the Czech Republic Championship in swimming.







# ACTIVITIES OF THE CLUB

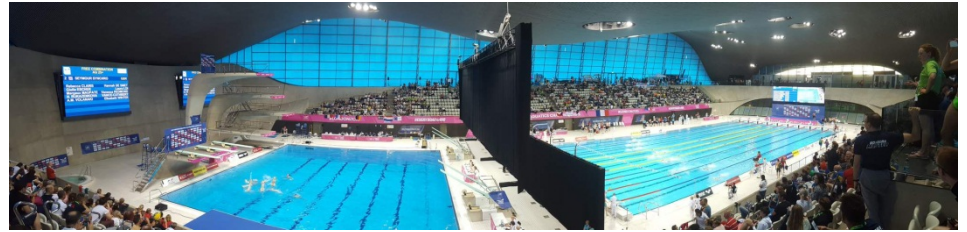
- Fitness swimming is for all of those who want to improve their swimming technique and swimming is their secondary sport.
- Water aerobics is for all age categories who want to form their figure and like exercising in water.





# MASTERS SWIMMING

- In their free time trainers improve their fitness and also competitive swimming in which they have great achievements.
- Last year they took part in European Championship Masters in swimming in London.
- They regularly take part in the Czech Republic Championship Masters in swimming.



# FITNESS SWIMMING FOR THE ELDERLY AND ADVANCED

- In the last years the adults come and apply for courses in swimming.
- The range is from total beginners to advanced swimmers.





